

Referral to a Young Parents Support Service



In Canterbury, all pregnant women or young parents under the age of 19 can be referred to a FREE Young Parents Support Service. These services support the young parents during the antenatal period and after the baby is born. Please complete the form below and forward to LinKIDS who will refer to the appropriate service.

Referrer Details

Name

Phone Email

Organisation Designation

Young Parents Details		NHI	<input type="text"/>
Family/Whānau name	<input type="text"/>	First names(s)	<input type="text"/>
Date of birth <small>Day/Month/Year</small>	<input type="text"/>	Ethnicity	<input type="text"/>
Address	Street	<input type="text"/>	
	Town/city	Postcode	<input type="text"/>
Cell phone	<input type="text"/>	Alternative no.	<input type="text"/>
Email	<input type="text"/>		
GP (if not the referrer)	<input type="text"/>	Smoking	Yes <input type="checkbox"/> No <input type="checkbox"/>
Expected due date	<input type="text"/>		
Other children	Yes <input type="checkbox"/> No <input type="checkbox"/>	Age/s	<input type="text"/>
Midwife/LMC	Yes <input type="checkbox"/> No <input type="checkbox"/>	Name	<input type="text"/>
Enrolled in PPE	Yes <input type="checkbox"/> No <input type="checkbox"/>	Provider	<input type="text"/>

Background Information			
<input type="checkbox"/> Mental Health	<input type="checkbox"/> Alcohol and other Drugs	<input type="checkbox"/> Family Violence	
<input type="checkbox"/> Relationships	<input type="checkbox"/> Housing, Benefits, Transport	<input type="checkbox"/> Other	
<input type="checkbox"/> Social Supports	<input type="checkbox"/> Education		

Support Level Required	
<input type="checkbox"/> Social Support	
<input type="checkbox"/> Intensive education, support and advice to mothers during pregnancy and after baby	
<input type="checkbox"/> Continued Support	

The parent is aware of this referral form Yes No

Waipuna – St John of God

Young Parents Development service offers individual and group support to help young mums and dads make thoughtful choices in their parenting. They provide support for individual young parents 19 years and under in a number of areas like parenting, relationships, tenancy issues, budgeting, health and pregnancy issues, job search support, problem solving and goal setting. They also offer a number of other programmes such as:

- Watch, Wait and Wonder bonding and attachment programme.
- HOPE social housing project supports young parents to access affordable housing for vulnerable young families while delivering wrap-around services focused on social, employment, education and training.
- Young Parents Development Service also offers groups for young parents 25 years and under, these groups included Plunket Pregnancy and Parenting Education, Infant Massage, Managing Emotions, Young Parents Breastfeeding group and Mellow Parenting Group.
- Transport and food is provided at all our groups. We also have childcare available onsite - Little Owls is our early education centre at Waipuna. Young parents are also able to engage with our youth mental health services like counselling for young people in the areas of mental health, alcohol and drug issues, and eating awareness.

Early Start Project

Taking part in Early Start is voluntary and free. Early Start is a support service for families who are expecting a new baby or who are already caring for a new baby. Families living in Canterbury, and who meet the criteria are eligible for this long term home-visiting service. We are able to work alongside families until the baby goes to school.

We can offer families support with:

- Family well-being
- Physical, social and emotional well-being of infants and children
- Healthy child development
- Child safety and well being
- Parenting education
- Encouraging participation in early childhood education services
- Smoke free home environment/smoke cessation
- Maternal/paternal depression/mental health support
- Advocacy, home skills, relationship issues
- Family violence and addiction supports
- Support through crisis.

Please visit www.earlystart.co.nz for more information.

Te Tai O Marokura

Providing confidential support, advice, education & care from conception to all mums in Kaikoura. One to one care individually tailored to the needs of every mum/whanau to prepare for the arrival of baby & ongoing support in the new journey of parenthood.

Te Ora Hou

The Te Ora Hou Whānau Ora Navigator works with teen parents aged 19 years and under and their children to support them with their physical and emotional wellbeing. This is done together by creating a whānau PATH plan that identifies goals that the teen parent and children want to achieve. The Whānau Ora Navigator is also able to support with funding to achieve some goals and can also link them with other supports when necessary. It is the Whānau Ora Navigators role to ensure that all teen parents and their children live in warm healthy homes, are connected to whānau supports where able, and are making healthy decisions for themselves and their children.