What's on at



Breastfeeding Antenatal Class

Saturday, 7th March Aranui/Wainoni Community Centre 9.30am - 12.30pm To register contact us on reception@omwwl.maori.nz or phone 0800 66 99 57

Whānau Mai Tuatahi & Tuarua

Kaupapa Māori pregnancy and parenting programme 8.45am - 4.30pm

> Tuatahi - Monday 9th March Prior to 28 weeks pregnant Phillipstown Community Hub 39 Nursery Rd, Phillipstown

Tuarua – Monday 23rd March After 28 weeks pregnant 153 Gilberthorpes Road, Hornby

For information and to register Sarah 027 733 1840 or Sarah.Wills@omwwl.maori.nz https://www.facebook.com/whanaumai/

Ūkaipō

 \bar{U} kaip \bar{O} is a relaxed parenting programme for whānau to strengthen connections with baby. No registration required everyone is welcome.

> Tuesday 3rd, 10th, 17th, 24th & 31st March 10am - 12pm

Te Puawaitanga ki $ar{m{O}}$ tautahi 153 Gilberthorpes Road, Hornby Special Topic coming up 5 May – Healthy Living

https://www.facebook.com/ukaipochch/

Healthy Day at the Pā

Speakers provide health information, bring kai to share for lunch

Tuahiwi Marae 10am - 3pm Friday 27th March For more information 0800 66 99 57

Car Seat Technician

By appointment at

Te Puawaitanga ki $ar{O}$ tautahi 153 Gilberthorpes Rd Hornby

Available for advice and car seat checks.

To book an appointment Erin 021 305 819 or email admin@omwwl.maori.nz

Wahakura Wānanga

Two day wānanga on, Friday 27th & Saturday 28th March, 9am – 5pm 153 Gilberthorpes Rd, Hornby.

> Learn how to make wahakura no weaving experience needed just a desire to learn.

For more information and to register contact Sarah 027 733 1840 or wahakura@omwwl.maori.nz

Looking ahead...

Whānau Mai Tuatahi & Tuarua

Monday, 6th & 20th April

Breastfeeding Antenatal Class

Wednesday 1st April, Burwood Hospital 9.30am-12.30pm

Peer Counsellor Training

Next course starts May 7th

Incredible Years Programme

Next course starts Term 3

Call us to register on 0800 66 99 57



He taonga tuku iho o ngā tupuna

Give a life-changing gift by donating to a safer sleep for a baby in our community. https://givealittle.co.nz/org/te-puawaitanga-ki-otautahi-trust-safer-sleep