

# Covid Update for LMC's 17/3/22



Kia ora

Thank you to all of you who have checked in with me re your Covid positive (C+) status. So far, all the midwifery work has been covered by locum midwives and practice partners. Your collective resourcefulness and forward planning have meant that our clients have continued to receive the midwifery care they need. Please take care of yourselves if you do contract Covid as our experience so far is that people are often very unwell.

I am available for any LMC to chat in confidence, pastoral care is part of my role. I can help you identify solutions if you are struggling. Please call 027 2286 747 or email me [rietveld560@gmail.com](mailto:rietveld560@gmail.com)

Please continue to refer all your C+ women to [maternityclinic@cdhb.health.nz](mailto:maternityclinic@cdhb.health.nz) using the referral form in Form Letters in Expect and Referral Library in TIAKI. The staff at CWH MOPD and Hauora Health Hub report that the process is working well. Please make sure the LMC email is on the form, thanks.

**Please ensure you use the form appropriate for your DHB as we have had referrals from Wellington & Auckland land in Christchurch.**

- This week I have been made aware of more online breastfeeding resources:

<https://waitaha.health.nz/services/#baby-feeding-service>

<https://www.facebook.com/mother4motherRCPHO/?fref=ts>

[https://canterburywestcoast.midwife.org.nz/waitaha-infant-feeding-resource/?fbclid=IwAR0Sif0irR5A803YGRJ04IxAUxamxUNPY51Lg1cF9lq3zg\\_xra7d25xDqM0](https://canterburywestcoast.midwife.org.nz/waitaha-infant-feeding-resource/?fbclid=IwAR0Sif0irR5A803YGRJ04IxAUxamxUNPY51Lg1cF9lq3zg_xra7d25xDqM0)

[https://www.kidshealth.org.nz/covid-19-breastfeeding?mc\\_cid=4dfc506e5f&mc\\_eid=96d2f322ba](https://www.kidshealth.org.nz/covid-19-breastfeeding?mc_cid=4dfc506e5f&mc_eid=96d2f322ba)

- This great breastfeeding resource from NZCOM

[https://www.midwife.org.nz/wp-content/uploads/2020/03/FAQs-for-Feeding.pdf?mc\\_cid=4dfc506e5f&mc\\_eid=96d2f322ba](https://www.midwife.org.nz/wp-content/uploads/2020/03/FAQs-for-Feeding.pdf?mc_cid=4dfc506e5f&mc_eid=96d2f322ba)

- Please remember to RAT all your home birth Mama in case of urgent transfer to CWH
- Sonya & Catherine are meeting with Hayley McMurtrie at NZCOM on Friday so discuss streamlining of communications to midwifery community
- For LMC's who accompany an LMC as a "runner" where the LMC is caring for a C+ mama, remember to apply for CDHB funding through MMPO via [charlotte.evers@cdhb.health.nz](mailto:charlotte.evers@cdhb.health.nz) Charlotte will send you a form to complete.
- Encourage mama to organise alternate support partner for labour in case primary choice is too unwell to provide support. C+ but asymptomatic support partners are welcome but must wear N95 mask. Along with all the standard IP&C measures.
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Ngā mihi

Catherine Rietveld & Sonya Gray Covid Liaison Midwife & LMC Liaison