

Updates from LMC Covid Liaison & LMC Liaison 29/3/22

- **Return to work** Refer to flow chart which is on Regional NZCOM web page
- **Covid Positive Pregnant People**

Please note that ALL C+ pregnant people need to be referred to CWH MOPD at any gestation. Please use the Covid Triage form in the drop-down form letters for EXPECT users and the similar form in the TIAKI library for MMPO users.
- **Unvaccinated women and uploading of RAT results**
- RATs can be registered:
 - By the affected individual at mycovidrecord.health.nz
 - Unvaccinated individuals can set up a MyCovidRecord by registering online for a [MyHealthAccount](https://myhealthaccount.health.nz)
 - By another individual (e.g. a midwife or family member) for someone else at mycovidrecord.health.nz
 - You need to know the full name, date of birth and NHI of the patient whose result you are registering
 - By calling 0800 222 478 and selecting option 3
 - Further details are here: <https://covid19.govt.nz/testing-and-tracing/covid-19-testing/report-your-rat-with-my-covid-record/>
- **Free Triple P online** <https://www.triplep-parenting.net.nz/nz-uken/triple-p/>
- **Inductions of Labour**

Just to clarify that women do not necessarily need an IOL just because they have had Covid-19 during their pregnancy. The medical team will determine if there is a reason from a Covid perspective for an IOL. Please continue to refer for IOL in accordance with the usual guidelines.
- **GP Consult Charges**

There are NO Patient charges for Covid related consultations.
- **Health Pathways**

Health Pathways have been updated with respect to requirements in C+ pregnant people <https://canterbury.communityhealthpathways.org/952638.htm>
- **Covid Patient Self Care pdf**

An easy-to-follow set of self-care guidelines <http://edu.cdhb.health.nz/Patients-Visitors/patient-information-pamphlets/Documents/COVID-19%20You're%20Pregnant%20and%20Have%20Covid.pdf>
- **RAT Tests for women who have previously had COVID** in her pregnancy and is inside the 3 months since recovery still require a RAT on admission to a DHB facility.
- **NEW GRAD MIDWIVES**, memo from NZCOM reminding us that new graduate midwives **cannot** provide locum cover in their first year of practice.
- **Third Trimester scans for C+ women**, no routine scans are required for women who have contracted covid in the first or second trimester. A wellbeing scan is only required if the Obstetrician has specifically requested one due to pre-existing co-morbidities or if the midwife has a clinical suspicion of a concern or for usual other non-covid reasons. If you don't get a notification for your < 28/40 women, then you just continue with routine care. You will get a response from the obstetric team for all C+ >28/40 women.

Ngā mihi nui

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