



Updates from LMC Covid Liaison & LMC Liaison 27/4/22

- **Breastfeeding alongside COVID**
 - Community Breastfeeding Support Groups are planning to resume from 2 May
 - Maternal anxiety is more prevalent in Covid +ve landscape, complexity of issues – food insecurity presentations some of which are first time, isolation, scared to go out with new baby
<https://pada.nz/> <https://perinatalwellbeing.org.nz>
 - Waitaha infant Feeding – some confusion around what services are available. All services continue but delivery method may be different, F2F is still happening, <https://waitaha.health.nz/health-professionals/lactation-consultation-service/>
 - Wahakura Referrals have dropped off,
<https://canterburywestcoast.midwife.org.nz/community/wahakura-and-pepi-pod-drop-in-clinic/>
 - Breastfeeding Peer Counsellor Training – claire.coates@waitaha.health.nz or 0275881007
 - World Breastfeeding Week in August – details to follow
 - Māmā & Pepi service out of Nga Hau e Wha will start after Easter, Contact Kelly.Dorgan@omwwl.maori.nz canbreastfeed@omwwl.maori.nz
 - **Breastfeeding Education for whānau Continues**
 - Whanau can access antenatal breastfeeding education here
<http://canbreastfeed.co.nz/breastfeeding-education/>
- **Covid Positive (C+) Hapu Māmā**
 - Please continue to refer ALL C+ Hapu Māmā to maternityclinic@cdhb.health.nz until further notice
- **Partners/Support persons, but no children are permitted to accompany hapu māmā to outpatients' appointments.**
- **Covid Liaison Midwife Role to conclude 30/4/22**
 - Now that the peak of the Covid-19 outbreak has passed, my role as Covid Liaison Midwife is no longer required. Sonya Gray (LMC Liaison) will continue to share relevant information with LMC's and other CDHB Access Agreement Holders. We feel that using the NZCOM Regional web page as a repository for information, with an email being sent out informing of an update, has worked very well. We plan to continue using this platform for information sharing and acknowledge the willingness of CDHB and NZCOM for their collaboration in making this possible.
I have enjoyed supporting my midwifery and obstetric colleagues as we have navigated the realities of midwifery/ maternity service provision in a pandemic.
I wish you all well into the future.

E hara taku toa

I te toa takitahi

he toa takitini

My strength is not as an individual but as a collective

Ngā mihi nui

Catherine Rietveld / Sonya Gray

Covid Liaison Midwife / LMC Liaison